

SUBJECT = PHYSICAL EDUCATION:-
(OCTOBER ,NOVEMBER,DECEMBER)

MONTH	CLASS 11	CLASS 12
OCTOBER	CHATER 8 (ANATOMY AND PHYSIOLOGY)	CHAPTER8 (BIOMECHANICS AND SPORTS)
NOVEMBER	CHAPTER 9 (PSYCHOLOGY AND SPORTS)	CHAPTER 9 (PSYCHOLOGY AND SPORTS)
DECEMBER	CHAPTER 10 (TRAINING AND SPORTS)	CHAPTER 10 (TRAINING AND SPORTS)